

SOS LIVE // JUNE TIMETABLE 2019

MOB45 FARRINGDON | GLASSHILL STUDIOS SOUTHWARK | BASE STUDIOS VAUXHALL | TRAIN FITNESS SOUTHWARK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
27 NO CLASSES // BANK HOLIDAY	28 SWEAT ALL LEVELS 18.30-19.30	29 DIVA BEGINNER 18.30-19.30	30 DIVA ALL LEVELS 18.30-19.30 COMMERCIAL ALL LEVELS 19.30-20.30	31 NO CLASSES	1 BOSS: ARIANA GRANDE BEGINNER 11.30-12.30: BE ALRIGHT - LIVE AT THE SWEETENER TOUR 2019 BEYONCÉ // HOMECOMING LIVE SERIES ALL LEVELS 12.30-14.00: HOLD UP // COUNTDOWN	2 SWAG: BLACKPINK INTERMEDIATE 13.00-14.00: KILL THIS LOVE RIHANNA ALL LEVELS 14.00-15.30: POUR IT UP // BBHMM - LIVE AT THE MTV VMAS 2016
3 POP ALL LEVELS 19.00-20.00	4 SWEAT ALL LEVELS 18.30-19.30	5 DIVA BEGINNER 18.30-19.30 HEELS BEGINNER 19.30-20.30	6 DIVA ALL LEVELS 18.30-19.30 COMMERCIAL ALL LEVELS 19.30 - 20:30	7 NO CLASSES	8 BOSS: LIZZO BEGINNER 11.30-12.30: JUICE BEYONCÉ // HOMECOMING LIVE SERIES MASTERCLASS ALL LEVELS 12.30-14.30: YONCÉ // PARTITION	9 SWAG: SZA, THE WEEKND, TRAVIS SCOTT INTERMEDIATE 13.00-14.00: POWER IS POWER JLO ALL LEVELS 14.00-15.30: LOVE DON'T COST A THING - DANCE BREAKDOWN
10 POP ALL LEVELS 19.00-20.00	11 SWEAT ALL LEVELS 18.30-19.30	12 DIVA BEGINNER 18.30-19.30 HEELS BEGINNER 19.30-20.30	13 DIVA ALL LEVELS 18.30-19.30 COMMERCIAL ALL LEVELS 19:30 - 20:30	14 NO CLASSES	15 UNAPOLOGETIC AF BOSS: EN VOGUE BEGINNER 11.30-12.30: FREE YOUR MIND SOS LADIES OF THE 90S: SALT-N-PEPA // SWV // TLC ALL LEVELS 12.30-14.00: RIGHT HERE / PUSH IT / NO SCRUBS	16 SWAG: JAX JONES, DEMI LOVATO, STEFFLON DON INTERMEDIATE 13.00-14.00: INSTRUCTION BEYONCÉ // HOMECOMING LIVE SERIES ALL LEVELS 14.00-15.30: RUN THE WORLD (GIRLS) / LOSE MY BREATH
17 POP ALL LEVELS 19.00-20.00	18 SWEAT ALL LEVELS 18.30-19.30	19 DIVA BEGINNER 18.30-19.30 HEELS BEGINNER 19:30 - 20:30	20 DIVA ALL LEVELS 18:30-19:30 COMMERCIAL ALL LEVELS 19:30 - 20:30	21 NO CLASSES	22 BOSS: BRITNEY BEGINNER 11.30-12.30: BOOM BOOM FT. YING YANG TWINS - LIVE AT MTV TRL 2003 BEYONCE HOMECOMING LIVE ALL LEVELS 12.30-14.00: DRUNK IN LOVE (HEELS)	23 SWAG: FLEUR EAST INTERMEDIATE 13.00-14.00: FAVOURITE THING JANET JACKSON ALL LEVELS 14.00-15.30: NASTY / THROB - LIVE BILLBOARD ICON PERFORMANCE 2018
24 POP ALL LEVELS 19.00-20.00	25 SWEAT ALL LEVELS 18.30-19.30	26 DIVA BEGINNER 18.30-19.30 HEELS BEGINNER 19:30 - 20:30	27 DIVA ALL LEVELS 18:30-19:30 COMMERFCIAL INTERMEDIATE 19:30 - 20:30	28	29 BOSS: DEMI LOVATO BEGINNER 11.30-12.30: SORRY NOT SORRY BEYONCÉ // HOMECOMING LIVE SERIES ALL LEVELS 12.30-14.00: BOW DOWN	30 SWAG: NICKI MINAJ INTERMEDIATE 13.00-14.00: BEEZ IN THE TRAP CIARA ALL LEVELS 14.00-15.30: LEVEL UP / DOSE - LIVE AT THE AMAS 2018